

## Fibre Bars

So... you've got a problem? You're irregular?

Feel bloated and uncomfortable? Wearing loose clothing all the time?

And when it happens, it's never the right place, or the right time.

Being irregular is no joke...

But putting more fibre in your diet can really help.

Our Fibre Bars are available in six fantastic, chewy, tasty flavours are just the answer and will leave you feeling great.

Leave irregularity behind you. Add Fibre Bars to your diet.

You'll find them in your local supermarket and at all good chemists.